October Issue 2023

# NALUMUNYE TRUMPET MAGAZINE

ECONOMIC AND COMMUNITY DEVELOPMENT



# Contents



## Magazine Production

#### **EDITOR-IN-CHIEF**

Rtn Dr Juliet Kyayesimira kyayejue@gmail.com

#### **DESIGN AND LAYOUT**

Oola Ronald +256 783 457 718 Olazdesignhouse@gmail.com

The Nalumunye Trumpet magazine is a publication of Rotary Club of Nalumunye. All material is strictly copyright and all rights are reserved. No part of this publication may be reproduced in whole or in part without written permission of the Publisher.

Disclaimer: The opinions expressed by the authors, contributors, in this Magazine are solely their own and do not necessarily reflect the views of the publication or its editorial team.

03	From The Editorial Board		The Surrounding Community
04	RI President's Message	12	Celebrating Healthy Aging: A Call to Action in Nalumunye Village
05	District Governor's Message		
06	Rtn Paddy Lukwago -President, RC-	16	New Members Join Rc- Nalumunye
07	Nalumunye	17	Paul Harris Fellows (PHF) For October
VI	Insight Into Community Development	•	2023
08	Importance of Community	18	Tigers Buddy Group Lead Month of October 2023
	Development Projects	20	Achievers For October 2023
10	Rc-Nalumunye Creates Lasting Change In	22	Upcoming Events

### FROM THE EDITORIAL BOARD

# Welcome

Rtn Dr Juliet Kyayesimira, Chief Editor

#### Dear readers,

It is a pleasure to welcome you to this month's publication of our e-magazine "Nalumunye Trumpet'.

The October issue of RC-Nalumunye is based on the theme 'Economic and Community Development'. Every community has unique needs and concerns. Every Rotarian is called upon to support communities in their strive to improve livelihoods.

RC-Nalumunye members promote economic and community development in and around Nalumunye community to reduce poverty in underserved communities. We continue to do this by training of our community members to work.

On behalf of the editorial team, I would like to thank those who have contributed to this magazine and more so those who have come in to advertise with us. We pledge to continue bringing to monthly issues of this e-magazine. Your contributions in the form of articles, personal testimonies and stories, advice or any other form of contribution will facilitate the timely production of this e-magazine.

"Nalumunye Trumpet" will provide us with information about what is happening in the club, district, and important news and updates from RI headquarters.

As I conclude, I would like to thank the editorial team for their valuable support in the production of the October issue.

I wish you a blessed month of November 2023.

### Editorial team



Rtn Dr Juliet Kyayesimira, Chief Editor



Rtn Guyz Byarugaba



**Rtn Josephine Jean**Anying



Rtn Julius Batemba



**Rtn Sherifah** Namatovu

# RI President's Message



#### The Road to Peace

This month, Rotary takes a step towards supporting peacebuilding in the Middle East and North Africa region.

In November, Rotary and District 2420 are hosting a signing ceremony for our newest peace center in partnership with Bahçeşehir University in Istanbul.

The ceremony is the first in a series of events recognizing the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced—coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than

statistics on a page. Their actions have helped Create Hope in the World and will continue to do so.

For example, Jennifer
Montgomery and Gorett
Komurembe — peace fellows
from the program at Makerere
University in Uganda — are
co-founders of Magenta Girls
Initiative. The international
nongovernmental organization
equips Ugandan girls and
young women with the support
and tools to overcome harmful
gender norms, generational
poverty, gender-based violence,
trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other

Peace must be waged persistently; it is the soil where hope takes root

organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.

R. GORDON R.
MCINALLY President, Rotary
International

# District Governor's Message

y Rotary Family, I greet you in the name of Our Lord God and thank you for your persistence in Creating Hope in the World.

I congratulate all of you including myself upon the completion of the first quarter of Our Rotary Year. On 12th of October 2023, we celebrated our One hundred (100) Days of Creating Hope at Rustic Gardens Lungujja Physically and Online. I greatly thank the Masaka Road Corridor Clubs that were led by my own Club Nateete Kampala under the guidance and support of the Area Support Officer of the Corridor Past Assistant Governor, Sam Mwanje for the job well done.

We were able to take stock of Our achievements so far, and I am impressed that we are doing well on most of Our goals we set to achieve as a District. I am so excited with the Membership strides. So far. four Charter Celebrations have been conducted with three Clubs in Uganda, (Kabale City, Lake Bunyonyi and Masaka City) and one Club in Tanzania (Bagamoyo - Kiromo). Charter Celebrations of the Rotaract Club of Rubaga Lake View will also take place on 5th December.

The month of November is designated to The Rotary

The Swahili have a Proverb "Kutoa ni Moya na Sla Utaziri" meaning that Giving comes from the Heart not from the Surplus Foundation by Rotary
International. In this regard, I
call upon Our Clubs to actively
participate in the Rotary
Foundation programs by utilizing
grants from the foundation as
well as contributing to it. Clubs/
Rotarians can contribute to the
Rotary Foundation through giving
to Polio Plus, the Annual Fund and
the Endowment Fund.

We are going to start our participation and celebrations as a District with the Rotary Foundation Dinner in Dar es Salaam on 1st November 2023, which is going to be presided over by Our Rotary Foundation Trustee Martha Peak Helman. Special thanks to PDG Shamilah Bhatt and the Tanzanian Team for this Milestone. I am so thrilled by the generous contributions made by the Tanzanians so far.

On 3rd November 2023, D9214 is going to join with D9213 and the entire Rotary World into the Peace Concert aimed at raising funds for Our Makerere University Peace Centre. Again, the Concert is going to be graced by the Rotary Foundation Trustee Martha Peak Helman. It is physically going to take place at the Speke Resort Munyonyo but it also has the virtual component. Allow me thank Past District Governors, Bob Waggwa Nsibirwa and Emmanuel Katongole for leading us in this campaign. I continue to call upon all Rotarians who have not vet booked their tickets for this event to do so at USD 100. Let us please support the cause.

The second quarter of Our Rotary Year is going to greatly focus on raising money for Our Foundation as well as helping Our Clubs qualify and writing project concepts to get Global Grants. It is so saddening that by now, more than 60% of Our Clubs have given zero to the Polio Fund!! and over 50% have not given any Penny to the Rotary Annual and Permanent funds. This is totally un acceptable. Our ultimate goal this year is to have Our Clubs being 100% givers to the Foundation, we want to avoid having any zero giving Clubs to the Foundation this Rotary year!

The Swahili have a Proverb "Kutoa ni Moya na Sla Utaziri" meaning that Giving comes from the Heart not from the Surplus.

Friends, let us embrace this heart of extending a Helping Hand to the less fortunate as we continue to Serve Above Self and Creating Hope in the World.



# Rtn Paddy Lukwago -President, RC- Nalumunye

## Dear Rotarians, Rotaractors and Friends of Rotary,

I greet you all, I am optimistic that you are all well. As we come to the end of the month of October and most importantly the first 100 days of the Hope Creator year, I must thank each one of you who has moved with us so far.

It's that effort and support that has given RC Nalumunye the platform to serve communities around us and create lasting change among our people. We started the month with a successful Classroom block project launch at Bandwe Church of Uganda Primary school, a project whose technical designs and works were spearheaded by our own Rtn Eng Frank Rutabarika and we later hosted the District Governor both activities were well attended and supported.

We now have a task to complete the ground floor by the end of this Hope Creator year, a milestone that I know is very attainable. We held a medical

We held a medical camp for the elderly in the areas of Kasenge, Kyengera, Bandwe and Kisigula. The medical camp was crowned by the successful launch of the elderly Sacco. We thank the DHO Wakiso, Ministry of Gender, and the office of the Mutongole wa Kabaka for supporting the day.

In terms of membership, we were able to induct 3 new members to the club bringing our total membership to 49 against a set target of 55, the new additions are Rtn Nyanzi Freddie, Rtn Naiga Josephine Musisi and Rtn Nalumu Eliverson, we welcomed back one of our colleagues who had taken leave Rtn Christopher Asiimwe, we thank God for these additions, for the more helping hands the better and happier we are.

In terms of the Rotary Foundation, we were able to have two PHFs Rtn Vicky Kagesera, Rtn Sharifah Namatovu, three PHFs+1 Rtn Lukwago Paddy, Rtn Lydia Walusimbi, Rtn Deborah Komugisha Kakande and one PHF+2 Rtn Namanda Christine.

Our total support to the foundation so far is 5,000USD against a revised target of 10,000USD.

The theme of November is the Rotary 77

#### Ouote of the month

The Rotary way is to light a candle. I light one, you light one, 1.4 million Rotarians light one. Together, we light up the world.

77.

Foundation, we are all called upon to support the rotary foundation through the annual fund, polio plus or the endowment fund. This is where I would like to call upon all friends who have been asking me how they can support Rotary. I am happy to let you know that anyone can support the foundation by either donating directly through <a href="https://my.rotary.org/donate">https://my.rotary.org/donate</a> or you can look out for our club treasurer, pay then your money will receipted and remitted.

The money you donate to the foundation is the money used to run projects like the eradication of polio around the globe, supporting the peace center at Makerere, the blood bank in Mengo, Cancer ward at Mengo etc.... each dollar/shilling counts in this effort. It's my humble appeal to friends to join us in this noble cause. Make it a point to donate something to the foundation during the month of November 2023.

Happy New Month of November 2023

Yours truly, HCP Lukwago Paddy



# Insight Into Community Development By Rtn Sheri Namatovu, RC-Nalumunye

ommunity economic development is a comprehensive approach that aims to strengthen local economies and improve the wellbeing of communities. Community development is a process of making a community a better place to live and work whereas economic development as a process creates wealth from many benefits are created. During community development, the community should be engaged in the process since it is aimed at improving social, economic development

'Community development is the participation of people in a mutual learning experience involving themselves, their local resources, external change agents and outside resources. People cannot be developed, they can only develop themselves by participating in activities that affect their well-being. People are not being developed when they are herded

44

It is about empowering local individuals and groups and helping them take ownership of the initiatives that can benefit and improve the area

like animals into new ventures" Julius Nyerere 1968.

This calls to emphasize that any community development organizations should ensure participation involving the benefiting parties so that more value is attached to the projects.

In community development, the local people and organizations aim to improve the standards of living in the area by making sure that there is provision of improved skills, services as well as facilities to meet the needs. It is about empowering local individuals and groups and helping them take ownership of the initiatives that can benefit and improve the area.

Community economic development encourages the use of local resources in a way that enhances economic opportunities while improving social conditions. Examples of economic development projects that can be done in communities include building. wells to ensure safe clean water, promoting sanitation and reducing pollution in areas where there is poor sanitation that easily promotes

spread of

diseases and environmental pollution, improving on health services in the communities to reduce mortality rates case in point maternal health is a big area that needs emphasis.

Rotary has come in to support community development projects with each Rotary club having a community project to work on and for the bigger ones Rotary supports by giving a funds from the Rotary Foundation Global Grant.





## Importance of Community Development Projects

By Rtn Guyz Byarugaba



ommunity development is a process where community members take collective action on issues that are important to them. Members of the Rotary club of Nalumunye have played a central role in development projects in community and club initiatives, e.g. in areas of road network maintenance with in Nalumunye estate and surrounding areas, social and extracurricular activities with institutions in their vicinity.



Community projects play a significant role in the development of society and provide a strong foundation for community members. The community development projects aim to increase social stability and enable underprivileged members to live better lifestyles. It can be seen as a way of strengthening society and taking collective action on relevant issues. Let us discuss some of the reasons why it is essential to incorporate these projects in the country:

#### Achieve Long-Term Development

The main activities of community development programme focus on addressing the problems at the ground level. Community leaders develop and break the goals into short-term and long-term. The final goal is to uplift the weaker and vulnerable section of the society, which may contribute towards the long-term development of the community.

## Meet the Needs of the Community

The development projects are aimed at addressing the needs of the community members and uplifting them. For instance, the rural community project may aim to teach children and build more educational centres. As an initiative, the members may gather the requisite information, funds, and resources to fulfil the needs of community members. These activities may also help improve the living standards of the community members.

## Foundation for Economic Development

The process of community development and economic development are parallelly related to each other. The primary purpose of Community Development Programs (CDP) is to improve the quality of life, promote sustainability, encourage entrepreneurship, and create more wealth opportunities for the members. The problems that have prevailed for decades have been resolved by such projects. Sustainable development and empowerment principles

help set the foundation for economic development.

## Improves Access to Resources

Access to adequate resources

is one of the fundamental prerequisites for empowering the communities and leading the sustainable path. For instance, rural development projects aim at providing education and necessary services to their population. Through strategic development, the communities get enhanced access to services and better opportunities.

## Addressing the Root Cause of Issues

Addressing the problems at the grassroots level is one of the biggest challenges amongst the communities. Issues related to employment, education, housing, infrastructure, health, and sanitation are serious. When these problems are not addressed, they may pose more significant community threats and challenges. The development projects make sense as they aim to address the root causes and eradicate the issues completely.

## Empowers Citizens to Exercise their Rights

The concept of community development works on the principles of community ownership and community participation. It encourages every citizen or member of the community to participate equally and share their concerns. Thereby, it influences



them to be aware of their rights and responsibilities. The projects empower the socio-economically vulnerable sections of society, including women, scheduled castes (SCs), scheduled tribes (STs), the aged, disabled, poor migrants, etc.

#### Provides a Sense of Inclusion

Community development encourages participation from all the members. It is often observed that migrants or socio-economically weaker communities often find it challenging to raise their voices and participate in the activities. However, these projects aim to encourage equal participation, providing them with a sense of belonging and inclusion. This way, every community member feels valued and is encouraged to speak their views. Being included also leads to unity and helps every community member learn from each other.



# Rc-Nalumunye Creates Lasting Change In The Surrounding Community

The District Governor-Francisco Ssemwanga visited RC-Nalununye on 11th October 2023 and among the key highlights was laying the foundation stone for the Classroom block project at Bandwe Church of Uganda Primary school. Bandwe Church of Uganda Primary School is located in Nalumunye estates and has limited classrooms due to the high enrollment in the school. RC-Naulumunye continues to create hope in the community through this project.

Below in the pictures is the summary of this event.







Artistic impression of the planned class block at Church of Uganda Primary school.









# Celebrating Healthy Aging: A Call to Action in Nalumunye Village

By Rtn Sophie Kange, Service Projects Chair RC Nalumunye

In a heartfelt celebration of the International Day of Older Persons, the Rotary Club of Nalumunye and the Agaliawamu Elders Group came together to commemorate the invaluable contributions of older persons in the community. With the theme "Healthy Aging, a Call to Action," the event unfolded on October 15, 2023, at the Bandwe COU Playground.

"Older persons are invaluable sources of knowledge and experience and have much to contribute towards peace, sustainable development, and protecting our planet." UN Secretary-General António Guterres

Aligned with Rotary's theme of Economic and Community Development for the month of October, the celebration focused on addressing core issues such as unemployment, economic opportunity, and poverty. The Agaliawamu Elders SACCO was launched during the event, marking a significant step towards providing financial support to older persons for their projects and fostering dignified and sustainable livelihoods. The chief guest, Mr. Menya Patrick, Commissioner of Older Persons at the Ministry





Celebrating the eldest person in Nalumunye

of Gender Labor and Social Development, graced the occasion, emphasizing the importance of creating employment opportunities and income security for vulnerable groups.

Mr. Menya's opening remarks highlighted that healthy aging is a collective responsibility, extending beyond older persons to the entire community. He encouraged a focus on healthy lifestyles, social connections, and hard work for a better life. Addressing the older persons directly, he stressed the need for community support mechanisms and urged the group's leadership to pursue available funds, including the 10% allocation from the Parish Development Model and other government allocations.

In a call to action, Mr. Menya invited older persons to participate in consultations on the Older Persons Bill, ensuring their concerns are heard and considered. Additionally, he urged the Rotary Club of Nalumunye to provide legal aid to address issues like land grabbing, a persistent threat to the wellbeing of senior citizens.

President of RC Nalumunye, Mr. Paddy Lukwago, expressed the club's commitment in

bringing hope to communities by working together to address prevailing challenges and emphasized the value of partnerships. He acknowledged the collaborative efforts with various entities, including the Agaliawamu Elders Group, Wakiso District Health Office, Nsangi Sabagabo Health Office, St. John Ambulance, the Office of the Obutongole, Ministry of Gender Labor and Social Development, Bandwe Church of Uganda, and the local primary school.

A noteworthy highlight of the celebration was the health camp, offering free medical services such as general check-ups, eye clinics, and child immunizations against diseases like Polio and measles.

Powered by the Wakiso District Health Department, Nsanji Sabagabo Health Office, St.

Older persons are invaluable sources of knowledge and experience and have much to contribute towards peace, sustainable development, and protecting our planet."

UN Secretary-General António Guterres

John Ambulance, and the Nalumunye Community Health Office, the health camp diagnosed 70 individuals, with approximately 150 participants at the event overall.

Chairperson of the Agaliawamu Elders Group, Princess Rtn. Alice Zalwango, expressed gratitude for the overwhelming support and emphasized the need for continued assistance, particularly in the growth of the Elders SACCO. Looking ahead, she announced that next year's event would take place in the central region, expressing anticipation for active participation alongside the Agaliawamu older persons group.

In conclusion, the International Day of Older Persons celebration in Nalumunye Village not only honoured the elderly but also underscored

the importance of collective efforts in fostering healthy aging and creating a supportive community for all. The event served as a testament to the power of partnerships and community engagement in addressing the unique needs and challenges faced by older persons.









 $Chair person\ of\ the\ Agaliawa mu\ Elders\ Group,\ Princess\ Rtn.\ Alice\ Zalwango\ welcomes\ the\ chief\ guest\ -\ Mr\ Menya\ Commissioner\ Ministry\ of\ Gender$ 



 $RC\mbox{-}Nalumunye\ members\ during\ the\ celebrations\ of\ the\ day\ of\ the\ elderly$ 

# New Members Join Rc-Nalumunye

During the District Governor's visit, RC-Nalumunye inducted 3 new members to the club bringing our total membership to 49.

The new members incude Rtn Nyanzi Freddie, Rtn Nalumu Eliverson and Rtn Naiga Josephine Musisi. Also, RC-Nalumunye, welcomed back one of our colleague who had taken leave Rtn Christopher Asiimwe.

We wish the new members the best in their service to humanity.



FROM Left to right new members display their certificates: Rtn Nyanzi Freddie, Rtn Nalumu Eliverson and Rtn Naiga Josephine Musisi

## Paul Harris Fellows (PHF) For October 2023

October 2023 will be another month to remember for RC-Nalumunye with more attaining PHF titles. PHFs Rtn Vicky Kagesera, Rtn Sharifah Namatovu, three PHFs+1 Rtn Lukwago Paddy, Rtn Lydia Walusimbi, Rtn Deborah Komugisha Kakande and one PHF+2 Rtn Namanda Christine attained this honour.

Below in pictures are some of the PHF's receiving their pin.



Rtn Lydia Walusimbi receives her PHF+1 pin from the District Governor



Rtn Deborah Komugisha Kakande receives her PHF+1 pin from the District Governor



Rtn Sharifah Namatovu attains the PHF title



PHF+2 Rtn Namanda Christine and PHF Rtn Vicky Kagesera enjoy a light moment in the UK

## Tigers Buddy Group Lead Month of October 2023

On Wednesday 25th October 2023 was the Karaoke night at Genteel Gardens, Nalumunye. Among the key highlights for October was this fun fellowship and the Tigers buddy group was the brain behind this fun fellowship. The Tigers buddy group slogan is 'Willing. Available. Ready' RC-Nalumunye members mimed and danced to different tunes of their choice and it was indeed fun.

Below are a few pictures from the fun fellowship.













Some of the members of Tigers Buddy group

## **Achievers For October 2023**



RTN Lydia Walusimbi Graduated with MBA! Congratulations to her



Celebrating the October babies







Charter President- Namanda Christine visits Rotary Stratford, UK

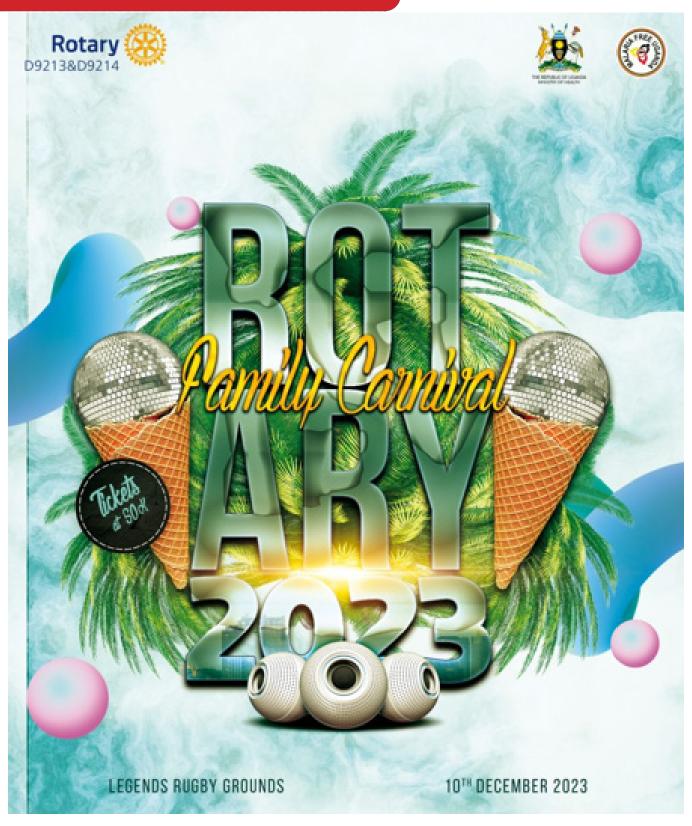




for half page

**Contact** Freva Wines in Kla Outlets 0702309889

# **Upcoming Events**





THE WORLD

**SINGAPORE | 25-29 MAY 2024** 



Register today at convention.rotary.org















## **Hope Uniting Hearts**

Experience the 99th DCA at Munyonyo: where hope unites hearts in a tranquil blend of relaxation and service-driven opportunities.

#### Venue:

Speke Resort Munyonyo 24th - 27th April 2024

### Early Bird

Rotarians - USD 200 Rotaractors - USD 120

### Late Registration

Rotarians - USD 250 Rotaractors - USD 150









