

# **NALUMUNYE TRUMPET**

Membership and New Club Development

Issue 3 | September 2025







# August Membership Awards

1st Runner - Up:

Rotary Club of Nalumunye
13 New Members!





### An Actioned Membership Month it has Been!

#### Rtn Philemon Kirunda Mukisa, Chief Editor

urray, to you our esteemed readers. Yes, I congratulate all of you for coming to the start of the third month in the Action Year. August has indeed been full of action in the line of impactful project activities.

From this side, Nalumunye Trumpet Magazine brings you up to speed with what has transpired through the

So many interesting stories, from the selection of the Rotary International President Nomineé, to the resignation of the Rotary International President Elect and finally to the selection of an African as Rótary International President for the year 2026/2027!

At District and Club levels, this issue brings you a trail of activities as well as interesting pieces written for your edification. It's in August that the Assistant Governor officially visited RC Nalumunye before the District Governor also made her Official Visit to the D9214 President of Presidents' Club. The projects she visited, the new members she inducted, and the givers she recognized, all is here to give you a comprehensive overview.

We have done our best to engage several members of the Club to make a contribution to this issue for the Membership and New Club Development month. The coverage therefore gives you a panorama of

where the club members have been, what they have done and a bit of their feelings about what they have been up to.

The structure of the magazine has expanded to give a supermarket model selection for you our readers. Are you interested in the Club activities? Or the Provisional Club being mothered? Is it Rotaract you are interested in following or could it be Interact you need to know about? All that is in this issue.

Again, I encourage you to give us feedback as an editorial team, so that we can serve you better. You can also contribute to this publication by writing a feature article, a review or a letter. Advertising with us is very rewarding as our magazine is shared to, and read by, a multitude of Rotarians and friends of Rotary.

Special thanks go to MD Lady Justice Rosemary Bareebe for selflessly assisting with editing content in this issue. As a team, we appreciate her ever-kind support and uplifting attitude.

Finally, I thank all the contributors to this issue, the Action President and Action Board as well as the Editorial Team for the concerted efforts to make this publication what it is.

On behalf of the Editorial Team. I wish you a nice read.



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NALUMUNYE TRUMPET

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Rtr Rashid Kizito. Editor



Rtr Joshua Simon Peter. Editor

## Contents



23



#### Messages

05 International President 2025/26 07 They Will Know Us by Our Actions 09 Assistant Governor, Bob Nsereko, RC Bwerenga

Francesco Arezzo, Rotary

#### **Features**

Rotary Club of Nalumunye: Demonstration of Impactful Membership Engagement and Growth 13 A Day of Impact and Inspiration: District Governor's Official Visit to President of Presidents' Club 18 Fighting the Age-old Disease of Humanity-Malaria through Natural Plant-based Solutions 21 Many Cancers, One Race

25 The Power of a Visit 26 Do you know the RI President-Elect? 27 Larry A. Lunsford Selected to be 2027-28 Rotary International President 28 Provisional Rotary Club of Nalumunye Heights 31 Empowering Leadership through Rotary 33 The unbreakable Bond Between Rotary Membership and Nalumunye Kwagalana Association 36 **Buddy Group August Business** 43 August, A Month Full of Action 4.4. Spotlight on Nalumunye: Strengthening Communities, Inspiring Tomorrow 46 Keep Her In School Project Kicks Off 47 Open Letter To Rotarians 48 **POEMS 50** The Buffaloes Glow At Home Hospitality Hosted By Honorary

Member

August 2025

2025

AG's Official Visit 13th August

District Governor's Visit 27th

**59** 

63

The Awesome Givers To TRF

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## Francesco Arezzo, Rotary International President 2025/26

Membership ugust Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy. We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember. there now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

In Korea, the growth of satellite clubs has created opportunities for nearly 1,000 new members to find their place in Rotary. In Romania, the close collaboration between Rotarians, Rotaractors, and Interactors has built a pipeline of future leaders. In India, some



Rotarians gather around a shared interest — whether it's professional development or a passion for service - and those connections deepen their commitment and their joy in being part of Rotary. And we've seen cause-based clubs thrive in regions as diverse as Southeast Asia, Africa, and Europe.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.



Remember, there is now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.



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#### 2024-25 **CLUB EXCELLENCE AWARD**

HONORING THE ROTARY CLUB OF

#### Nalumunye

FOR FOSTERING A POSITIVE EXPERIENCE FOR ITS MEMBERS AND REFLECTING THE VALUES OF ROTARY

Stephanie a. Wichich

STEPHANIE A. URCHICK President, Rotary International

MARK DANIEL MALONEY Chair, The Rotary Foundation

### **Assistant Governor**

### Rtn Bob Nsereko, RC Bwerenga

ear Munyes, August has truly been a remarkable month for us!

As Membership Month, the induction of thirteen new members is an impressive achievement, and I extend my heartfelt congratulations to all involved.

We now have the exciting challenge of raising our membership to 100+ members. With each one of us committed and dedicated, I am confident that we will not only reach this goal but surpass it.

This month has been particularly special as our 'baby' club attained provisional status and proudly became the Provisional Rotary Club of Nalumunye. This milestone brings us one step closer to achieving our Charter, and I look forward to continuing this journey with all of you.

Our \$10,000 TRF donation within the first 60 days is not only a testament to our club's potential but also to the generosity and selflessness that define the Munyes. This is just the beginning, and I am confident that together we will accomplish even more.

The visit of District Governor Christine Kyeyune Kawooya on August 27th was iconic. The hard work, enthusiasm, and meticulous planning that contributed to the success of the event were greatly appreciated. Thank you, Munyes, for creating such an unforgettable experience for the DG and all our distinguished guests.

Once again, the Munyes shone brightly by participating in the Cancer Run. Over 610 kits were purchased, and a free bus was provided to transport our members to Kololo Airstrip. A

special thank you to MD LJ Rosemary for her generous contribution of the bus. Your support is truly appreciated.

On August 30th, the Munyes celebrated another significant

milestone in partnership with the Rotary Clubs of Masaka, Kyengera, and Kyotera. Together, they donated the first batch of maternity delivery mattresses to Masaka Referral Hospital. This initiative underscores our deep commitment to the Maternal & Child Health program and reflects our shared goal of improving the lives of mothers, newborns, and families within our communities.

Furthermore, the approval of the new *Raising Parents* program by the District Governor, with plans for its rollout across the district, is a testament to the spirit of innovation demonstrated by the Munyes. As a fresh initiative, the program reflects our continued commitment to creating meaningful impact and driving transformative change within the communities we serve.

supporting the president and the board as we implement the new initiatives outlined by the District Governor.

Together, let us remain deliberate in service, bold in commitment, and united in spirit as we shape a future of lasting transformation

serve.

I call upon each of you to continue

Thank you all for your unwavering dedication. May God bless each of you abundantly.

for those we



This month has been particularly special as our 'baby' club attained provisional status and proudly became the Provisional Rotary Club of Nalumunye.

## They Will Know Us by Our Actions: A Chronicle of August in Service - Rotary Club of Nalumunye

arm greetings, dear friends in service, August has been a month written not in words but in deeds- a living testimony that indeed, they will know us by our actions. Each moment has been a reminder of what we can achieve when hearts and hands come together, not for self, but for humanity. - Paul Harris

We began with a gesture that spoke volumes at Bunamwaya Police Post, where together with the Rotary Club of Mutundwe and the Rotaract Club of Mutundwe. we restored dignity to the men and women who safeguard our communities. What was once a struggling space now carries a sense of order and hope, and in their eyes we saw gratitude that could not be hidden. It was a reminder that when we strengthen those who protect us, we strengthen our community as a whole. "When we strengthen those who protect us, we strengthen our community as a whole."

Soon after, the spirit of service led us to Mutundwe Young School. Christian Secondary where more than 200 young girls received reusable sanitary kits and menstrual health education through the \*Keep Her in School\* initiative. This was not just our effort, but the work of an entire Rotary family - our Interactors

Rtn Debbie Komugisha Kakande, President RC Nalumunye-President of

giving energy, our Rotaractors lending their passion, and all of us standing together to ensure that no girl's future is lost to the silence of stigma. The joy on their

Presidents, 2025/26

faces was unforgettable, and their whispered confidence that they can now remain in school was the true measure of success. "An educated girl today is a liberated woman tomorrow."

The month carried us to a day of immense meaning, when we were honored by the official visit of our District Governor, DG Christine Kawooya. Kyeyune

Her presence lifted our spirits and her words reminded us that Nalumunye's journey is woven into the larger mission of Rotary. That same day, the \*Raising Parents Project\* was launched, reminding us that the family remains the foundation of society. When parents are guided, children flourish, and communities stand stronger. It was a day not just of celebration but of recommitment to building the kind of homes from which better leaders, and better citizens, will rise. "Rotary is at its best when we think beyond projects and shape futures."

There was also a moment of deep pride when DG Christine Kyeyune Kawooya officially commissioned the Triage Centre at Kitebi Health Centre III. This facility, destined to serve more than 700 patients every month, now stands as a beacon of what can be achieved

It was a day not just of celebration but of recommitment to building the kind of homes from which better leaders, and better citizens, will rise. "Rotary is at its best when we think beyond projects and shape futures."



when Rotarians, sister clubs, and communities work as one. Her words of encouragement rang true, but it was the quiet testimony of a health worker- "This centre will save lives every single day" that will remain with me always. "Rotary is at its best when we think beyond projects and shape futures." "Health is not a privilege; it is the foundation of human dignity."

At St. Josephat Catholic Church, Nalumunye, the renovation of the washrooms and installation of new hand-washing basins brought an important transformation to a place of worship that welcomes countless families each week. By improving sanitation and hygiene, the project not only created a cleaner environment but also reduced risks of disease and discomfort for the congregation. In strengthening such a vital community space, we affirmed

that faith and health must walk hand in hand, ensuring that worship is accompanied by dignity and care. "Where faith and hygiene meet, true wholeness begins."

And as August drew to a close, our steps joined thousands of others in the Rotary Cancer Run. With 610 kits secured and a strong Nalumunye presence, we stood shoulder to shoulder with the wider Rotary family in the fight against cancer. Every stride was a declaration of hope, and eachface in that sea of humanity was a reminder that together, we can conquer the hardest battles of our time. "Every stride we take together is a stride towards saving lives."

My friends, none of these moments would have been possible without each of you. The Rotarians of Nalumunye have shown, time and again, that when dedication meets

compassion, change is inevitable. To every Rotarian who gave time, talent, or treasure, to every Interactor and Rotaractor who brought energy and spirit, and to every sister club that stood with us - I extend my heartfelt gratitude. These achievements belong to all of us, and to those whose lives have been touched forever.

As we move into September, may we carry the same fire, the same unity, and the same resolve to serve bolder, love louder, and let our actions speak even more powerfully than our words. Together, we are not simply writing a month's history; we are shaping a legacy that will endure.

#### With gratitude and unwavering resolve

**#Together One Act at a Time #Unite for Good** 





# SEPTEMBER THEME: BASIC EDUCATION AND LITERACY







Rtn Didas Kumwesiga. Membership Director, **RC Nalumunye** 

**CLUB MEMBERSHIP STATUS** 

### Rotary Club of Nalumunye: Demonstration of Impactful Membership Engagement and Growth

"Growing stronger by caring for one another."

During August, recognized as Rotary's Membership and New Club Development Month, the Rotary Club of Nalumunye demonstrated notable growth in both fellowship and service within the community.

Mentorship and Membership **Growth:** The club's mentorship initiative, actively conducted throughout July and August, resulted in the District Governor inducting 13 new members, increasing the club's capacity by 26 additional helping hands. This expansion not only grew membership but also fostered a greater sense of unity.

RC Nalumunye's baby club- RC Nalumunye Heights in Formation secured a provisional status, revealing the commitment of the club to grow Rotary.

Strengthening Club Bonds: RC Nalumunye further solidified its sense of community by reaching out to members who were grieving

losses, visiting those who were ill, and organizing inclusive tea meetups and home hospitalities. These activities provided support and comfort, reinforcing the club's commitment to caring for one another.

Buddy Groups and Service Projects: Buddy groups took the initiative in launching smallscale projects. Notably, at Kitebi Health Centre III in Wakiso District, the club started constructing a

shade structure to protect pregnant mothers from the harsh sun, with plans also underway to install a water tank aimed at improving hygiene at the facility.

Engagement and Feedback: To further engage members, the club conducted a membership satisfaction survey and transparently shared the results.

highlighting a dedication to continuous improvement and open communication.

#### Conclusion

Through mentorship, compassion, and meaningful service, the Rotary Club of Nalumunye embodied the Rotary ideal that successful membership growth is rooted in genuine engagement and mutual support.



RC Nalumunye's baby club- RC **Nalumunye Heights in Formation** secured a provisional status, revealing the commitment of the club to grow Rotary.







#### **MONTHLY UPDATE: JULY 2025**

- Entebbe Base
- 2. Nalumunye
- 3. Mutundwe
- 4. Bwerenga
- Kisugu-Victoria View
- 6. Bwebajja
- 7. Masaka City
- 8. Kansanga
- 9. Muyenga Sunday Sunset
- 10. E-Club of Masaki

USD 2500 USD 1005

USD 517

USD 500

USD 459

USD 300 USD 200

USD 183

**USD 75** 

UCD F4

USD 51.75

We Thank You







## TOP TRE

#### **JULY 2025**

- 1. Kampala Munyonyo
- 2. Bunga
- 3. Entebbe Base
- 4. Nalumunye
- 5. Kampala Muyenga Breeze
- 6. Kitende
- 7. Muyenga Sunday Sunset
- 8. Busega
- 9. Dar-es-Salaam-Mzizima
- 9. Muyenga
- 9. Rubaga
- 10. Kansanga

\$7,175.88 \$4,708.50 \$3,150.00 \$3,135.00

\$3,135.00 \$3,000.00 \$2,517.50

\$1,740.00 \$1,500.00

\$1,000.00

\$1,000.00 \$1.000.00

\$744.00

THANK YOU FOR GIVING ENDLESSLY



## EACH ONE, BRING ONE: THE RIPPLE EFECT

## One invitation is all it takes.

- > A friend joins.
- > A family grows.
- A community is strengthened.
- > The world feels the impact.









Rtn Josephine J. Anying, Public Image Director, **RC Nalumunye** 

## A Day of Impact and Inspiration: District Governor's Official Visit to President of Presidents' Club

On 27th August 2025, the Rotary Club of Nalumunye had the honor of hosting District Governor Christine Kyeyune Kawooya on her official club visit- a day that beautifully showcased service, impact, and creative fellowship.

The visit began at Kitebi Health Centre III, where DG Christine was welcomed by the Health Centre In-Charge Ms. Irene Kawooya Nakanyike and her team, as well as members of the Rotary Club of Nalumunye led by Action President Deborah K. Kakande.

Accompanied by District officials, DG Christine toured the club's Maternal & Child Health and Water, Sanitation and Hygiene projects. Central to these efforts is the ongoing construction of a triage and waiting shade, alongside a hand-wash facility, to provide mothers and children with a safer, healthier, and more dignified space. President Debbie explained that the current tent fails to shield families, especially in harsh weather, coupled with the large patient numbers.

At the same Health Centre, DG Christine also met with expectant and new mothers, gifting them hygiene kits to support safe motherhood. Every month, the facility registers an average of 250 new mothers, many of whom come from vulnerable households. "Our delivery beds are dilapidated and need to be replaced," one of the Midwives

revealed

At the same facility. she also witnessed the club's malaria prevention planting initiative, mosquito-repellent plantsa project that will soon expand into schools across Nalumunye. The Health Centre In-Charge thanked the Rotary Club of Nalumunye for coming to support the Health Centre, adding that they have so many other needs where they're seeking such kind of partnerships

The Governor's tour continued to St. Josaphat Catholic Church, where the club is renovating and upgrading the church public toilets. The Head of the Laity (Sabakristu) of the church, Mrs. Lydia Bitamazire praised the initiative, noting that the congregation had long lacked decent facilities and handwashing



At the same Health Centre, **DG Christine also met with** expectant and new mothers, gifting them hygiene kits to support safe motherhood.





stations. "This has come at the right time. Thank you so much Rotary Club of Nalumunye." she said.

The day was not only about projects but also about celebration and fellowship. Rotakids Chloe and LaVerne warmly welcomed

DG Christine with flowers and later recited a heartfelt poem urging Rotarians to keep spreading smiles around the world. Over 250 guests gathered for the colorful occasion, where President Debbie proudly presented the club's achievements. Guests delighted in an abundance of Munyes chicken,

before capping off the night with a vibrant silent disco.

DG Christine's visit was more than an inspection- it was a testament to the power of partnerships, the joy of service, and the unity of Rotary, leaving everyone inspired to do more for the community.















TREE

Have you received the **District Governor's** special Lapel pin?

DGs ask this year is a Gift of at least \$100 to the Rotary Foundation.



For inquiries and support: Kakule Sage 0763828127 / 0758348481



#### MEET OUR NEWEST ROTARIANS

#### John Alinaitwe



Classification: Social Services

A seasoned institutional development practitioner and sociologist with over 20 years of experience in government, UN agencies, and international NGOs.

Holds a Master's in Peace and Conflict Studies (MUK), a BA in Sociology, and a Postgraduate Diploma in Forced Migration (Oxford University, UK).

Founder & CEO of JOFLA Consults.

Currently serves as Project Sociologist with Eco-Shelter and Environmental Consultants on a World Bank-funded project in West Nile.

Hobbies: Music and documentaries.

Buddy Group: Buffaloes

#### **David Wamala**



Classification: Accounting Services

Accountant with 22 years' experience in audit, finance, and risk management.

Holds an MBA (Edinburgh Business School, Heriot-Watt University, Scotland).

Fellow, ACCA (FCCA) and member of ICPAU.

Founder of Erafin Consults Ltd, providing financial advisory services.

Hobbies: Raising responsible children, music, football (Arsenal), and investment evaluation.

**Buddy Group:** Lions

#### **Evalyne Natukunda**



Classification: Business Services

Entrepreneur and business owner, running a poultry feed enterprise.

Graduate in Records and Archive Management, Makerere University.

Passionate about Rotary service and youth empowerment.

Hobbies: Traveling, events, soccer, and socializing.

Buddy Group: Rhinos

#### Rebecca Nataba



Classification: Social Services

Experienced social worker with a background as Administrative Assistant and Events Planner for the Peace Corps USA Mission.

Manages a small property rental business.

Committed to empowering others and fostering togetherness.

Hobbies: Family time, reading, traveling, movies, music, and uplifting podcasts.

Buddy Group: Tigers

#### Andrew Dan Asiimwe



Classification: Transportation Services

Civil servant at the Ministry of Finance, Planning & Economic Development.

Works as Transportation Supervisor on key MoFPED projects.

Married to Lydia, with four children.

Hobbies: Football, jogging, volunteering, country music, Lingala, and socializing.

Buddy Group: Lions

#### **Enock Tibanga Tugume**



Classification: Tour & Travel Services

Entrepreneur with 24+ years in tour and travel.

Owns and manages a fleet of vehicles for both individual and corporate clients.

Passionate farmer and community developer.

**Hobbies:** Service and community development.

**Buddy Group: Rhinos** 

#### **MEET OUR NEWEST ROTARIANS**

#### **Alex Tugume**



Classification: Business Services Entrepreneur with 30+ years running private businesses.

Devoted to serving humanity, especially the vulnerable. Married with four children.

Hobbies: Football (Arsenal) and connecting with people.

**Buddy Group: Tigers** 

#### Maimunah Kabasemera



**Classification:** Insurance Services

14+ years' experience in insurance and financial services.

Currently Risk Advisor at ICEA Lion General Insurance

Married and mother of two.

**Hobbies:** Swimming and traveling.

Buddy Group: Buffaloes

#### Samuel Ssengonzi



Classification: Cargo & Logistics Services

Forwarding and Clearing Specialist at Cargo Clearing Ltd, Entebbe International Airport.

Holds a Bachelor's degree in Development Studies.

Father of two.

**Hobbies:** Traveling and partying.

Buddy Group: Tigers

#### **Grace Kimuli Nanozi** Serukenya



Classification: Pharmaceutical Services

Clinical pharmacist with 19 years' experience in the UK NHS.

Holds degrees in Pharmacy, Special Educational Needs, and Pharmaceutical Chemistry.

Co-founder of Mother Care Preparatory School, Nalumunye.

Hobbies: Mountain climbing, hiking, traveling, and family time.

Buddy Group: Rhinos

#### Peace Biira



Classification: Legal Services Advocate of the High Court of Uganda. Chief State Attorney, Office of the DPP. Passionate about giving back to the community.

Hobbies: Traveling and dancing.

Buddy Group: Tigers

#### Hon. Charles Ngabirano



Classification: Business/Engineering Services

Former Member of Parliament (8th & 10th Parliaments).

Engineer and businessman, Director at Greenhedges Estates Ltd.

Interests in real estate, farming, and forestry.

Hobbies: Football (Mbarara FC, Arsenal), traveling, and trekking.

**Buddy Group:** Lions

#### Fatumah Nangumya



Classification: Accounting Services

Finance professional with Waterman Nkese Ltd.

Holds a Bachelor's degree in Public Administration.

Married to Nelson Mugalu, with three children.

Passionate about community service. leadership, and personal growth.

Hobbies: Traveling, reading, and community activities.

**Buddy Group:** Lions

Action Projects: Our Club targets and

progress so far- CEO





Rtn Harriet Karen Mukajambo, Chairperson Tigers Buddy Group

**CLUB PROJECTS IN VIEW** 

## Fighting the Age-old Disease of Humanity-Malaria through Natural Plant-based Solutions

Malaria, transmitted through the bite of a plasmodium-infected Anopheles mosquito, remains a significant global health concern.

Malaria is one of humanity's ancient diseases. Its historical records can be traced back as early as 2700 BC. By the 1800s, malaria had become a global scourge afflicting people across the world (Garcia, 2010). Despite scientific medical advancements. malaria is still endemic in over 90 countries, and around 2 billion people are at risk of developing this infection annually, according to the latest data (2023). Malaria remains one of the leading causes of mortality, causing 1 million worldwide deaths annually. Unfortunately, Uganda is one of the countries severely affected by malaria

Rotarians world over are restlessly providing both lifesaving services in their communities to reverse the fatal statistics claiming lives every hour. From distributing mosquito nets to supporting early diagnosis, they are Uniting for Good, taking One Act at a time. In August. Nalumunye, through its Maternal & Child Health, WASH, and Fight Malaria projects, embarked on a proactive initiative to combat malaria by planting mosquitorepellent plants around the premises of Kitebi Health Centre III. With pregnant women, newborns,

other vulnerable populations at risk, the project aims to reduce the transmission of malaria naturally repelling mosquitoes, creating a safer environment for all. This initiative aligns with Rotary's areas of focus disease prevention and treatment, as well as maternal and child health, reinforcing our commitment to fostering

healthier and more sustainable communities

Following reports of a high prevalence of malaria cases among patients seeking treatment at Kitebi Health Centre III. over six varieties of mosquito-repellent plants were strategically planted around the health centre's premises. This action is part of a



Rotarians world over are restlessly providing both lifesaving services in their communities to reverse the fatal statistics claiming lives every hour.

broader effort to reduce malaria transmission in the area and enhance the overall health and well-being of the community.

In Nalumunye community, a needs assessment was conducted on August 7th and 8th, highlighting strategies for effective malaria prevention. The assessment revealed a concerning prevalence of malaria in local schools, with one school warden reporting 20 cases among students. Additionally, private clinics record 2 to 4 new cases of malaria each week. The most affected groups are children under 5 years, followed by pregnant mothers, underscoring the urgent need for targeted interventions to protect these vulnerable populations.

RC Nalumunye remains committed to providing necessary information and spreading awareness about infections are reported.







Signature Project at Kitebi HC III. Transforming the Triage area







## MATERNAL & CHILD HEALTH PROJECT

Delivery of maternity mattresses Masaka Regional Referral Hospital



30<sup>™</sup> AUGUST, 2025 SATURDAY 11:00 AM



MASAKA REGIONAL REFERRAL HOSPITAL











Rtn Ronnie Lubwama. Cancer Run Officer

## MANY CANCERS, ONE RACE. Kudos, RC Nalumunye

It is a rewarding opportunity to have been selected as a cancer run officer for the Action Year! As the year begun, my first challenge was to set a higher target of 500 Cancer run kits for RC Nalumunye and getting ways of how to reach the target. I am glad that all Rotarians positively responded to the call and we sold out 637 Cancer run kits over and above our target, thereby emerging the thirteenth overall, on the leading board.

About 80% of the club members attended the run in Kololo and RC Nalumunye was very visible, with our usual vibe that we are commonly known for. I therefore take this opportunity to thank all Rotarians of RC Nalumunye for the great support since the campaign started in July. Special thanks to AP Debbie Komugisha who has not only led me well on this front, but also guided and challenged me to keep raising the bar.

A Rotarian of the nature MD Rosemary Bareebe is, is hard to come by. MD Rosemary not only purchased the highest number of Cancer run kits but also sponsored the executive bus that transported the runners to and from Kololo with comfort and prestige. I sincerely appreciate your immeasurable support and selflessness in serving above self.

My committee, you have been the best drivers to this success and indeed, we can't wait to do it again next year. It has been a has been one of the most rewarding experience for me, serving in this office. I have learnt a lot from the opportunities that came with it like serving on the Rotary Uganda Cancer Run Committee where Liserved on Venue Sub-Committee.

I know for sure that from this cause, we have already registered undisputable impact on so many people's lives, thanks and blessings to you all Rotarians who have been part of this. We should always remember that there may be so many cancers, but we need to run one race, to beat it. Kudos RC Nalumunye as we continue our quest for impact Together, One Act At a Time.



About 80% of the club members attended the run in **Kololo and RC Nalumunye was** very visible, with our usual vvbe that we are commonly known for.









Artistic impressions of the Rotary Radiotherapy Center













## The Awesome Givers To TRF



- AP Debbie Komugisha K.-PHF+5
- Rtn Collins Tuliuno-PHF+1 2.
- Rtn Hadijah Namuddu-PHF 3.
- 4. Mr Robert Kakande- PHF
- 5. Rtn Prof. Felix Bareeba- PHF
- Rtn Doreen Bakeiha- PHF 6.
- 7. Rtn Ronnie Lubwama- PHF
- 8. Rtn Eliverson Nalumu- PHF
- Rtn Mark Mwanje-PHF 9.

#### Governors \$100 ask

- 1. Rtn Emily Uwera
- 2. Rtn Frank Rutebarika
- 3. MD Rosemary Bareebe
- PE Moses R. Oteng 4.
- Rtn Justine Mutesi 5.
- 6. Rtn Eliverson Nalumu
- 7. Rtn Isaac Ssentongo
- Rtn Ronnie Lubwama
- 9. Rtn Barbara Kimaite
- 10. AP Debbie Komugisha K.
- 11. PP Philemon K. Mukisa
- 12. Rtn Angel Nambooze

- 13. Rtn Bonitah Asiimwe
- 14. Rtn Mirhona Nagawa
- **15.** Rtn Mark Mwanje
- 16. PN Freddie Nyanzi
- 17. Rtn Josephine J. Anying
- 18. Rtn Didas Kumwesiga
- 19. Rtn Immaculate Niwagaba
- 20. Rtn Robert Behangana







#### INTERNATIONAL CENTER FOR MENTAL **HEALTH AND FAMILY CARE (ICFC)**

Strong Families, Strong Teams,

- Life Coaching Counselling Services
- Parenting Education
   Staff Wellness Services

Tel: +256-772-425-449,+256-752-726-889 | Email: info@icfcl.org | Website: www.icfcl.org

The International Centre for Mental Health and Family Care (ICFC) is an organization specialized in provision of expert and comprehensive Mental Health Services, including Psychotherapy, Life Coaching, and Character-Building Programs for individuals, families, workplaces, children and youth.

Our programs are designed to improve individuals, families, and workplace wellness and effectiveness through provision of strength-based and theme-

specific personal and group-based sessions. At ICFC, we have a team of well trained and qualified Psychologists and Life Coaches that specialize in marriage and couple counselling, relationship coaching, child and teenage psychology, trauma counselling, addiction counselling, workplace counselling, leadership coaching and a range of other professional wellness.



## The Power of a Visit: Why Every Rotarian Should Explore Other Clubs

otary is not just an organization, it's a global family of 1.4 million members, united by service and fellowship. Yet, many Rotarians spend years attending only their home club meetings, unaware of the incredible opportunities that lie just a few kilometers- or even continents- away. It's time to explore and feel the true sense of belonging in this global family.

Visiting other Rotary clubs is not just a formality to make up for a missed meeting. It is a gateway to new friendships, fresh ideas, and a deeper understanding of what Rotary truly represents. These visits lead to personal growth, expanded networks, and new service opportunities.

#### **Expanding Your Rotary** Horizons

Every club has its own personality traditions, meeting styles, and service priorities. By stepping into a different Rotary environment, you gain exposure to new perspectives that can refresh your own club's activities.

You might discover a creative fundraising idea in one club or an impactful community project in another. These insights become seeds for growth when brought back home.

#### **Fellowship Beyond Borders**

One of the most beautiful aspects of Rotary is the instant connection between members-no matter where you go. Whether you're visiting a neighboring club or one overseas, you're greeted not as a stranger, but as family.



These interactions often lead to lasting friendships, mentorships, and sometimes even professional opportunities. Rotarv is a network-but more than that, it is a support system.

#### **Strengthening Collaboration**

Visiting clubs opens doors to potential partnerships. Perhaps your club has a medical outreach idea that aligns with a neighbouring club's ongoing health initiative. Or perhaps you're both passionate about youth programs or environmental projects.

These inter-club collaborations enable greater impact resource sharing, ultimately benefiting the communities you serve.

#### **Personal and Leadership** Growth

Each visit is not just a social event, it's a mini masterclass in leadership. Watching different presidents conduct meetings, listening to diverse speakers, and observing club dynamics helps

sharpen your own Rotary and leadership skills. You leave not just inspired-but equipped with new skills and ideas to implement in your own club.

You leave not just inspired-but equipped.

#### Rediscovering the Joy of Rotary

Above all, visiting other clubs is not just about business, it's a great deal of fun. The laughter, the stories, the shared meals-all remind us why we joined Rotary in the first place. It reignites passion and purpose, especially during times when routine threatens to dull our excitement. So, let's rediscover the joy of Rotary together.

#### **Rotary Without Borders**

Whether you're travelling for work, on holiday, or visiting family, Rotary clubs are everywhere. Taking the time to attend a local meeting can add meaning to your travels and connect you with locals in a genuine and authentic way.

In a world that can often feel divided, Rotary offers a rare constant- a welcoming hand, a shared vision, and a common goal: Service Above Self.

#### Ready to Explore?

The next time you hear about a nearby club's meeting or see a club banner while traveling, take the opportunity to walk in. Be curious, open, and ready to be inspired. In Rotary, every visit presents a new opportunity, and every handshake could lead to your next great idea.

## Do you know the RI **President-Elect?**

layinka Hakeem Babalola received a university degree in engineering in 1988. He has worked for 25 years in the oil and gas industry, holding senior positions in Shell PLC and carrying out projects on four continents. He is the founder of two companies: Riviera Services Ltd., an oil and gas infrastructure delivery company, and Lead and Change Consulting, an executive coaching and organizational performance advisory group.

Babalola's professional affiliations include the Nigerian Society of Engineers, the Institute of Safety Professionals, and the Association Change Management Practitioners. He is a member of Jericho Business Club, an organization in his home city that provides input to governments on economic and social policy.

A Rotaractor from 1988-94. Babalola served on the RI Board of Directors (2018-20) and was vice president in 2019-20. He has been a member of the Rotary Club of Trans Amadi since 1994 and served as a district governor from 2011-12. He has served on committees including the End Polio Now Countdown to

Olayinka Hakeem Babalola, President-elect 2025-26, Rotary Club of Trans Amadi, Rivers State, Nigeria

History Campaign Committee (2017-23, vice chair 2017-20) and the Nigeria National PolioPlus Committee (2013-present, adviser 2016-present).

Babalola and his wife, Preba, live in the city of Port Harcourt. He supports The Rotary Foundation with a named endowment and as an Arch Klumph Society member. He volunteers as a trustee for ShelterBox UK and as a director for the Safe Blood Africa project. He has received the Africa Centennial Heroes Award, the Regional Service Award for a Polio-Free World, the RI Service Above Self Award, and The Rotary Foundation Citation for Meritorious Service.

Adopted from the RCC



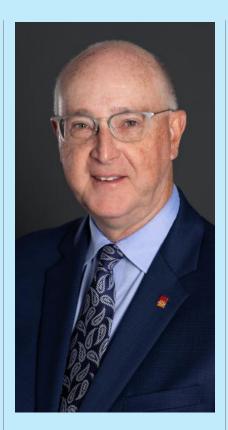
Babalola's professional affiliations include the Nigerian Society of Engineers, the Institute of Safety Professionals. and the Association of Change **Management Practitioners.** 

## Larry A. Lunsford Selected to be 2027-28 Rotary **International President**

n 4th August 2025, news came in that Larry A. Lunsford, a member of the Rotary Club of Kansas City-Plaza, Missouri, USA, had been selected by the nominating committee to become Rotary International's president for 2027-28. By 15th September 2025, he is set to officially become the presidentnominee on if no other candidates challenge him.

Lunsford is a Certified Professional Accountant with bachelor's and master's degrees in accounting from Truman State University in Kirksville. Missouri. His first encounter with Rotary was way back in 1981 when he received a Rotary Foundation Ambassadorial Scholarship to spend an academic year at the University of Newcastle in Australia

Lunsford spent seven years working for Ernst & Young before joining a family-owned business, Bernstein-Rein Advertising, in 1990. He is currently executive Vice President and Chief Financial Officer for the Bernstein group of companies. He has held positions on the Boards of the Kansas City Spirit Festival and the Variety Club as well as serving as director of a local bank and treasurer of the Epilepsy Foundation for the Heart of America. He has also served



on Truman State University's alumni and foundation boards and received the university's Distinguished Service Award.

Lunsford joined the Rotary Club of Kansas City-Plaza in 1991 and has since served as:

- District Governor (2001-02) 0
- 0 RI Director (2013-15)
- Trustee of The Rotary Foundation (2021-25, Vice Chair 2024-25).

#### He has been a member of RI committees, including:

- The Executive Committee (Chair 2014-15)
- Membership Growth Committee (Chair 2016-18)
- Nominating Committee for President of RI (Chair 2023-
- The Rotary Foundation's **Executive Committee (Chair** 2023-24)
- Finance Committee (Chair 2022-23 and 2024-25)
- Participant Experience Committee (Chair 2023-24).

#### **Awards**

- The Rotary Foundation Distinguished Service Award,
- The Rotary Foundation Citation for Meritorious Service,
- The RI Service Above Self Award

He and his wife, Jill Lunsford, have two children and one grandchild. They are Major Donors, Beguest Society members, multiple Paul Harris Fellows, Benefactors of The Rotary Foundation, and Sustaining Members.

Adapted from the article by Etelka Lehoczky- RCC





MD Lydia M. Walusimbi, CPD. Provisional RC Nalumunye Heights

## **Provisional Rotary Club of** Nalumunye Heights: A Journey of Growth, Service, and Dedication

The spirit of Rotary continues to blossom in Nalumunye, with the 'new born' club steadily growing to have attained Provisional status! Established with passion and purpose, the club held its first official meeting on 16th June 2025 towards the tail end of the Magical Year, marking the beginning of an inspiring journey. Just seven weeks later, on 8th August 2025, the club attained its PROVISIONAL status and thus officially recognized by Rotary International and District 9214. The next step left is to meet the requirements for Charter, which we are enthusiastically working toward.

The progress so far has been a collective effort guided by committed Rotarians from the mother club but also Aspiring Charter Members for the Provisional Rotary Club of Nalumunye Heights (PRCNH). We are grateful to the Action Governor Christine Kyeyune Kawooya for taking lead in Membership

Extension initiatives. The District Membership Chair, MD Annie, and Assistant Governor Rtn Bob Nsereko have been instrumental in ensuring the club's foundation is laid on a firm ground. With MD Annie's leadership encouragement, the club has steadily grown in numbers and confidence. Our New Club Advisor, the 'Super Lady' CP Christine Namanda, has provided valuable guidance and mentorship, ensuring

that every step taken aligns with Rotary's ideals and principles. In addition, the unwavering support by HCP Paddy Lukwago, who has overseen the club operations, has kept the young club well-organized and focused. The frequent visits and encouragement from AP Debbie Komugisha Kakande have been a source of strength and inspiration. Beyond leadership, the Mother Club has stood

firmly with Nalumunye Heights, offering support, encouragement, and mentorship that continues to motivate the new club to aim high.

The club has set a clear target of growing to 30 members, after which we shall apply for Charter. This growth journey is not just about numbers, but also building a team of passionate men and women ready to serve humanity with dedication and humility.



The progress so far has been a collective effort guided by committed Rotarians from the mother club but also Aspiring **Charter Members for the PRCNH** 

Already, the Aspiring Charter members have demonstrated resilience and commitmentattending meetings consistently, engaging in mentorship sessions, participating actively in club activities, and fulfilling their obligations through the payment of dues. Their enthusiasm reflects the true Rotary spirit.

Looking ahead, PRCNH is already developing plans to engage in impactful service projects. The club is keen on getting partnerships with other Rotary Clubs in priority areas such as Water, Sanitation and Hygiene (WASH), as well as Maternal and Child Health. These projects are aligned with Rotary International's key areas of focus and will directly benefit communities in and beyond Nalumunve. In preparation for the long-term sustainability of the club, members are also working diligently on the club constitution and bylaws, a key requirement for effective governance and accountability.

Behind the visible progress lies a committed Board of Directors that is serving with integrity and selflessness. Their leadership and dedication to Rotary's motto- Service Above Self, has provided direction and confidence as the club finds its footing.

Equally worth celebrating the contribution of Rotaractors, who have been a strong pillar, particularly in the area of publicity and communication. Their energy, creativity, and partnership have helped amplify the message of PRC Nalumunye Heights, keeping members engaged and spreading awareness about Rotary in the community.

As the club grows, continuing to build partnerships, and design service projects, it stands as testament to what unity, mentorship, and service-driven passion can achieve. With 30 committed members in sight, the PRCNH is on the right path to Charter and ready to make a lasting difference both in District 9214 and beyond.

We truly appreciate all the guest speakers, that have spared their time and shared with us knowledge about Rotary.

We also greatly thank the PR team/Editorial team from RCN, who always give us a platform to slot in our journey. Together, One Act at a Time.



Christine Kyeyune Kawooya District Governor 2025-26 Rotary International District 9214 ckkawooya@gmail.com

8th August 2025

District Governor

Vice Governor

District Executive

District Treasurer.

flomuki03@icloud.com

**District Conference** 

and Assembly Chair Dr. Bildard Baguma

bbildard@yahoo.com

nikki.s.aggarwal@gmail.com

Country Chair -Uganda

Apollo Ampumuze rotary.apollo@gmail.com

Country Chair -

Nikki Aggarwal

Secretary Ismael Mukas

sharmila.bhatt@rotarytz.org

imkajjansisec@gmail.com

Rotarian Christine Namanda, Rotary Club of Nalumunye.

#### RE: PROVISIONAL STATUS FOR THE ROTARY CLUB OF NALUMUNYE HEIGHTS (IN FORMATION)

I trust this letter finds you well. Following a thorough review by the District Membership Team, I am pleased to confirm that the proposed Rotary Club of Nalumunye Heights (In Formation) has successfully met the key requirements for Provisional Status. The club has demonstrated commendable progress, specifically:

- i) Holding consistent weekly meetings
- ii) Electing its Club Board and Officers.
- iii) Implementing a service project in the Rotary focus area of Environmental Protection.
- iv) Actively visiting and engaging with other Rotary Clubs.

In view of the above, the club is hereby approved for Provisional Status and may henceforth operate under the name "Provisional Rotary Club of Nalumunye Heights (In Formation). This recognition authorizes them to function as a Rotary Club, including issuing make-up cards to visiting Rotarians and undertaking all necessary steps towards full charter status.

I kindly request that you continue providing guidance and mentorship to the club in close collaboration with the Country and District Membership Teams. Please ensure they remain on track to meet all charter requirements within the next 1-2 months, at which point their Charter Application may be submitted.

I sincerely thank you for your dedication and commitment towards the growth of Rotary through the formation of this new club. We look forward to witnessing its successful chartering and vibrant contribution to Rotary's mission.

Yours in Rotary Service,

Rtn. Christine Kyeyune Kawooya, District Governor 2025/2026 District 9214 (Tanzania & Uganda)

Uganda Rotary Office Pilkington Road National Insurance Building, 9th Floor P. O. Box 11193, Kampala, (U)

















## **Empowering Leadership** through Rotary: My Experience with Rotary Leadership Institute (RLI) Cohort #30



Rtn Moses R. Oteng. PE/CEO RC Nalumunye

As a Rotarian, I have always been passionate about making a meaningful impact in my community. When I received the opportunity to attend the Rotary Leadership Institute (RLI) Training with Cohort #30, I knew I had to seize it. Having missed a similar training in 2024, I was determined to make the most of this chance to enhance my leadership skills and deepen my understanding of Rotary's mission and values.

The training sessions, held on 26th July 2025 and 23rd August 2025, have been a highlight of my Rotary journey to date. The first module, hosted at Protea Hotel Kololo, brought together more than 60 participants from diverse professional and cultural backgrounds: each united by a shared passion for service and leadership. I was inspired by the energy and enthusiasm of my fellow Rotarians and enjoyed the

meaninaful connections built throughout the sessions.

The program offered valuable insights into Rotary's focus and foundation, while also creating spaces for networking collaboration. Expert facilitators led engaging, thought-provoking discussions that encouraged participants to reflect deeply on their leadership styles and potential contributions. I especially valued the chance to explore possible

partnerships project and to connect with likeminded individuals equally committed to community service.

central takeaway from RLI was the reminder of Rotary's mission and values. The strenathened training my appreciation for the organization's pillars of service, fellowship, and leadership development. Bevond theory. the modules equipped us with practical strategies in communication, teamwork, and problem-solvingessential skills for effective leadership in Rotary and beyond.

This journey has been nothing short of transformative. I now feel better prepared to apply what I have learned to amplify my impact in the community. With the final module scheduled for 27th September 2025, I look forward



The first module, hosted at Protea Hotel Kololo, brought together more than 60 participants from diverse professional and cultural backgrounds: each united by a shared passion for service and leadership.



to completing the undergraduate training and continuing my growth as a Rotarian leader

For Rotarians. Rotaractors or anyone passionate about leadership development service, the Rotary Leadership Institute (RLI) is a program I highly recommend. It provides a rare opportunity to connect with visionary peers, gain actionable insights, and elevate one's capacity to lead with purpose.

#### **Key Takeaways**

- Deepened understanding of Rotary's mission and values
- Strengthened leadership skills and strategies
- Expanded opportunities for networking and collaboration

Potential for meaningful 0 project partnerships and sustainable community impact

#### **Why RLI Training Matters**

- **Empowers Rotarians to** serve as effective leaders and changemakers
- 0 Reinforces a deeper understanding of Rotary's mission and values
- Cultivates collaboration through shared experiences and networks
- Equips participants with practical tools for leadership growth and service excellence

I am grateful for the opportunity to participate in RLI Cohort #30 and excited about the journey ahead. I encourage fellow Rotarians, Rotaractors and guests to embrace this invaluable resource and join the RLI community. Together, we can amplify our impact and create lasting change in our communities and beyond.



The first module, hosted at Protea Hotel Kololo, brought together more than 60 participants from diverse professional and cultural backgrounds: each united by a shared passion for service and leadership.







Rtn Philemon K. Mukisa and Rtn Josephine Jean Anying

## The unbreakable Bond Between Rotary Membership and Nalumunye Kwagalana Association

Is it by chance, coincidence or deliberate that the exciting Nalumunye Kwagalana Association Family Wellness Walk was hosted by the Rtn Robert Kakande and Action President Debbie Komugisha? The answer is in the gist! Nalumunye Kwagalana Association is a community social development group made of fifty families in Nalumunye Estate. The Association is currently led by Rtn Moses Ronald Oteng who is also the President Elect and CEO of the Rotary Club of Nalumunye.

On Sunday 3rd August 2025, Association relaunched the monthly Family Wellness Walks after several years of This hibernation coincided with the Membership month of Rotary. Interestingly, the family that volunteered the offer to host the families to breakfast after the walk, was the family of Rtn Robert Kakande (Honorary member of RC Nalumunye and Andy to the Action President Debbie Komugisha).

The purpose of the walks is to promote the culture of exercising for health bodies but also to do it in a social manner that strengthens the bond among the members. The participants are all members of the Nalumunye Kwagalana families. This particular walk involved

40 participants from 17 families, 11 of which are Rotarians' families and particularly, 12 Rotarians and a Rotaract Immediate Past President of RAC Bugema University. The 12 Rotarians are members different clubs including RC Nalumunye, RC Mutundwe and RC Nakasero Central.

By implication, as the families were bonding

through this noble activity, the Rotarians were also bonding, which is one of the core targets to achieve in the month of August. The walk started at 6:20AM with stretching of muscles by the participants at Genteel Supermarket and thereafter, the actual walking, at 6:55AM for a 4KM walk to the Kakande Residence for breakfast



The purpose of the walks is to promote the culture of exercising for health bodies but also to do it in a social manner that strengthens the bond among the members.

8:00AM. Three of the participants actually walked barefoot, for extra health benefits.

The Action President of RC Nalumunve who is also President of Presidents for D9214, was hands-on and led the action in serving the walkers to a wonderful home hospitality, as we commonly know it in Rotary. It is here that the Chairperson Wellness Committee, Rtn Davis Bariho and Nalumunye Kwagalana Association Chairperson, Rtn Moses Ronald Oteng reechoed the importance of the wellness walks and reminded the member families that every first Sunday of the month will be time to engage in the wellness walks.

The Kakande family were very excited and happy to welcome and host the families in their home and expressed their gratitude to the participants who purposed to engage in the walk and also to join them in their home for breakfast. The President declared that to her, every single person that visits their home is a blessing counted. By 9:30AM, the participants were already walking back to their respective homes to prepare for late Church Mass/Service.

Such initiatives are undoubtedly ingenious in engaging members to achieve not only bonding but also personal health benefits. Regular walking is a good recipe for improving cardiovascular health, strengthening bones and muscles, helping to manage weight, and reduce the risk of chronic diseases like heart disease, type 2 diabetes, and certain cancers. It can also enhance mood, improve sleep, and boost energy levels.

Advisably, walking barefoot has both physical and psychological benefits. Physically, it strengthens







foot muscles, the improves balance. and enhances body awareness, potentially reducing the risk of injuries. It may also promote better circulation and reduce inflammation. Psychologically, improves mood and increases connection with nature

Though this is simple and small by way of action, we can all afford to do, for our health and bonding because the way to go is, One Act at a Time as we all Unite for Good.

Such initiatives are undoubtedly ingenious in engaging members to achieve not only bonding but also personal health benefits.







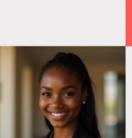


l love building hospitals









**I love** educating children





23 -26 | Speke Resort APRIL Munyonyo





Early Bird: Rotarians - USD 200 Rotaractors - USD 100 dca101.rotaryd9214.org



Rtn Bonitah Asiimwe. Chairperson, Buffaloes Buddy Group and, **ACA RC Nalumunye** 

## BUFFALOES - Happy to serve above self

We, the Buffaloes Buddy Group proudly hosted a well-attended Wednesday Club fellowship on 13th August 2025, when Assistant Governor Bob Nsereko officially visited RC Nalumunye. During this fellowship, the Buffaloes led by PP Philemon K. Mukisa, mobilized UGX 920,000 through apple sales during the Happy Moment.

Throughout the month, members actively participated in several key projects, including: Site visit to the Club's Maternal and Child Health (MCH) signature project at Kitebi Health Centre III on 9th August 2025, where we planted mosquitorepellant plants/trees; Keep Her in School Campaign-project activity held at Mutundwe Young Christian Secondary School on 19th August 2025; and participated in the Rotary Cancer Run on 31st August 2025 at Kololo Independence Grounds.

The members also actively strengthened the Rotary spirit by visiting other clubs during the month as well as two of our members, PP Philemon K. Mukisa and Rtn Josephine J. Anying took part in the Panel Discussion at RAC Nalumunye's 12th August 2025 Fellowship meeting as Panelist and Moderator, respectively on the topic 'Rotaract/Rotary. An Opportunity Hub'. PP Philemonalso gave a talk at RAC Bwebajja's 19th

August 2025 Fellowship meeting on the topic 'From members to Family. The secret to retention through connection'.

On 24th August 2025, the Buffaloes enjoyed memorable home hospitality, graciously hosted by our Honorary Member MD Jane Kabugo at her beautiful residence in Mbuya. The month was crowned up with members actively participating in the District Governor's official visit to RC Nalumunye fiesta on 27th August 2025 and we received three new members at their induction by the District Governor.

Looking ahead, the Buffaloes have already selected two projects that will be implemented soon, demonstrating our continued commitment to impactful service.



On 24th August 2025, the Buffaloes enjoyed a memorable home hospitality, graciously hosted by our Honorary Member MD Jane Kabugo at her beautiful residence in Mbuya.









# LIONS

Rtn. Counsel Elver Nalumu, Secretary Lions Buddy Group

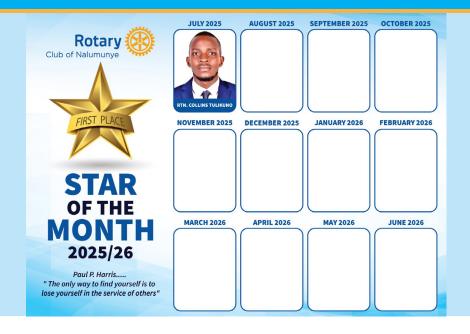
In the month of August, the Lions were privileged to host one extra-ordinary fellowship on 6th August 2025, when the Rotary International Director Elect (RIDE) Rtn Emmanuel Katongole was guest speaker at RC Nalumunye. At this Fellowship, through the sale of pumpkins, the Lions raised UGX 1,390,000. Special recognition goes to Rtn. Angel Ssasa for spearheading this fundraising effort.

fellowship, the Lions Beyond participated in actively various club activities and projects. Notably, we visited Rtn. Davis Bariho to offer comfort and support following the loss of his dear wife.

As a buddy group, the Lions have also identified a signature project which we plan to implement collectively. Details will be shared in due course.



At this Fellowship, through the sale of pumpkins, the Lions raised UGX 1,390,000. Special recognition goes to Rtn. Angel Ssasa for spearheading this fundraising effort.





Rtn Collins Tulikuno. Chairperson Rhinos Buddy Group and, SAA, RC Nalumunye

## RHINOS

August 2025 was a month of energy, fellowship, and remarkable generosity for the Rhino Buddy Group. True to their spirit, the Rhinos left their mark in service, fundraising, recognition, leadership- once again proving why they remain a shining example in the club and District.

### **Fellowship & Innovation**

The Rhinos kicked off their journey with creativity and camaraderie. On 30th July, we hosted the firstever Fun Fellowship, a Silent Disco that creatively tackled noise pollution while promoting joy and bonding among members and guests. This unique event aligned with Rotary's area of focus on the environment and set the tone for the months ahead.

Birthdays, personal milestones, Happy Dollars further and deepened the bonds of friendship, reminding us that joy, laughter, and giving go hand in hand.

### Massive Turnout at the Cancer Run

On 30th August, the Rhinos turned up in record numbers for the Rotary Cancer Run. Families joined, children proudly ran- a true testimony of the group's commitment. Led by our Chair, Rtn. Collins, supported by our brilliant mobilizer Rtn. Emily, and with MD Rosemary sponsoring a bus, the Rhinos excelled in mobilization. The Rhino's camp contributed the majority of the entire club's 630 kits. This was not just participation but leadership in action.

### **Service Projects & Community Impact**

Service remained at the heart of the Rhinos' August iourney:

On 11th August, members ioined the Action President in launching the Maternal and Child Health project at Kitebi KCCA Health Centre III, donating essential items for mothers and children.

They supported the Keep Her in School Project at Mutundwe Young Christian Secondary School on 19th August 2025, helping girls remain in school with dignity.

identified The Rhinos also their Signature Project: refurbishment of a community well by 30th September 2025, budgeted at UGX 5M- a sustainable gift to the community.



They supported the Keep Her in School Project at Mutundwe **Young Christian Secondary** School on 19th August 2025, helping girls remain in school with dignity.

### **Membership Growth &** Recognition

August was also a month of growth and recognition:

New members joined the herd, injecting fresh vitality.

Our Chair, Rtn. Collins, was crowned Rotarian of the Month, advanced as a Paul Harris Fellow plus one (PHF+1), and became the first Rhino elected to the Board of Stars- initiated by the Action President and launched by Rotary International Director Emmanuel Katongole. Eight Rhinos received District Governor's recognition for contributing \$100 each to TRF's Birthday Appeal, showing sustained commitment to Rotary giving.

### **Celebrating Honorary Membership & Club Spirit**

The Rhinos proudly celebrated MD Rosemary Bareebe's induction as an Honorary Member of RC Mutundwe on 15th August, with six members attending in support.

They also actively escorted Visionary President Philemon Kirunda Mukisa on a club visit to RAC Bwebajja on 20th August, showing solidarity and club unity.

### The trumpet that Echoes **Beyond**

From innovative fellowships to signature projects, from Cancer Run leadership to district-level recognition, the Rhinos have shown what it means to live the Rotary spirit.

This is not just a buddy group- it is a family of service-minded Rotarians. And when the Rhinos charge together, impact follows.

Rhinos Trumpet. Rhinos Serve. Rhinos Lead.









Rtn Harriet Karen Mukajambo, Chairperson Tigers Buddy Group

# TIGERS - Uniting for Good in The Race "One Act At a Time"

We the Tigers are, and will always mind "Rotary Business"!

In this second month of the Action year, the Tigers Buddy Group has been action-oriented-being part of every rhythm of the club heartbeat. Here are the notable achievements by individual members and Tigers as a group:

We were in-charge of a vibrant and thought-provoking fellowship with the topic 'The Untold story: Fathers in the Labor Ward and Beyond' with our own Father Rotarians namely: PE Moses Ronald Oteng, SAA Collins Tulikuno and the Guest Speaker Dr. Kyeyune Frank from case Hospital. Tigers enriched the fellowship with gifts of fruits to the fathers who turned up, as an appreciation. So when Tigers are in charge, expect surprises!

Along with other Rotarians, we celebrated Tigress MD Lydia Lukwago- CPD of RC Nalumunye Heights - when the club attained Provisional status. Tigers Buddy group is a home to some of the most active leaders in RC

Nalumunye- carrying with them an aura of service and selfless leadership.

Through August Rtn Frank Rutebarika, Rtn Harriet Karen and Rtn Sherifah Namatovu represented the Tigers during the execution of community projects namely: The Maternal and Child Health (MCH) and Water, Sanitation and Hygiene (WASH) at Kitebi HC III and Keep Her in School Campaign Project at Mutundwe Young Christian Secondary School

Tigers visited other clubs in the corridor and beyond. Rtn Dr. Juliet Kyayesimira and Rtn Barbra Kimaite visited Rotary Clubs of: Entebbe Base, Bwerenga, Mutundwe, Kitende and home hospitality of Bwerenga. Rtn Justus attended the Charter of RC Rubirizi in Kisizi District!

Tigers purchased several tens of cancer run kits and are in high gear to contribute towards the Triage Center project at Kitebi HC III.

We welcomed three more Tigers to our group (Rtn Biira Peace, Rtn Alex Tugume, and Rtn Sam Ssengozi when they were inducted during the DG's visit on 27th August 2025.

Two of our group members attained PHF status: Rtn Ronnie Lubwama and Rtn Prof. Felix Bareeba. In addition, Rtn Prof. Felix mentored his daughter who was among the inductees on 27th August 2025, making it truly a family experience.





# **FOUR-WAY TEST**

FOUR QUESTIONS - 24 WORDS

### THE UNIQUE STEP-BY-STEP PROCESS

### PROCESS TO ACHIEVE DESIRED OUTCOMES THAT ARE ETHICAL, FAIR AND BENEFICIAL TO ALL

### IS IT THE TRUTH?

- Clarity
- Transparency
- Fact checking
- Ethical behaviour

That we do our homework to collect information and to apply critical thinking by asking questions to know the difference between facts, beliefs, assumptions, and opinions as well as know what we don't know.

### IS IT FAIR TO ALL CONCERNED?

- Inclusion
- Empathy
- Acceptance
- Belonging
- Accountability

That we use empathy to see other points-of-view in the context of the problems to be solved and the goals to be reached.

### WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

- Trust
- Do good
- Feel good

That the process is civil, and there is a feeling of respect and openness to ask the "dumb" question, they can lead to creative and innovative answers. Also, people prefer to work with people they like, respect and trust.

### WILL IT BE BENEFICIAL TO ALL CONCERNED?

- What if scenarios
- Trade-offs
- Being creative and innovative
- Better decision making

That these are the conflict transformative answers. and decisions that can lead to mutually satisfying solutions, that are sustainable and scalable. This can be an iterative process as we learn more from doing and continuously improving with time.

# @changemakerevanburrell





Rct Jamirah Mutaawe. **President Rotaract** Club of Nalumunye

**YOUTH CORNER** 

# August, A Month Full of Action

greetings to all Dearest Gentle Readers. We are back with vet another successful month completed this Action year. August has been nothing but fruitful, purposeful and growth driven. I have witnessed the youth (Rotaractors) set their priorities straight to accommodate voluntary service and all I can say is "it is beautiful to see"

A lot of action has happened, as the action year directly sends us to ACT. Like the theme of August was "Membership and new club development", we embraced it by engaging more with our Interact club (Interact club of Mutundwe Young Christian secondary school) in formation through fellowship, a joint project at the school of the interactors, bringing them to attend the District Governor's visit as hosted by the mother club (RC

Nalumunye) and mobilizing them to attend the Cancer run 2025.

The most rewarding outcome of voluntary service is often mistaken for the prestige that you completed a project, but it should be the example you set for the younger ones. I'd like to thank our mother club, for always setting an exquisite example, for it has shaped our ideas and perspective on voluntary service.

Special shoutout our second home, the provisional RC Nalumunye heights. The new club on the block. We are very glad to be serving and learning together. We are very proud that we belong. We are rooting for you and can't wait to bring vibes to vour Charter.

Finally, to my family of Rotaractors at Rac Nalumunye, I am beyond proud of the commitment and resilience you continue to show. You always respond when there is a call to Act, and that is the spirit I hope and pray we keep, for many years to come. Continue showing up and showing out, THE MUNYE WAY!



We are very glad to be serving and learning together. We are very proud that we belong. We are rooting for you and can't wait to bring vibes to your Charter.





Rashid Kizito, Club Advisor, Rotaract Club of Nalumunye

**YOUTH CORNER** 

# Spotlight on Nalumunye: Strengthening Communities, Inspiring Tomorrow

#### Introduction

August was more than a month of activities- it was a month of purpose. For the Rotaract Club of Nalumunye, each gathering, each visit, and each conversation was a reminder that service is not measured in hours, but in the lives touched and the futures shaped. Guided by the steady hand of our mother club, the Rotary Club of Nalumunye, we journeyed through August with hearts open to serve, minds eager to learn, and hands ready to act.

### Service at Kitebi Health Centre III

On August 9th at Kitebi Health Centre III, members joined the Rotary Club of Nalumunye in a community outreach program. The day's activities included planting anti-malaria shrubs, sharing gifts with new mothers, and touring the

MCH Signature Project site. What might have looked like small acts carried deep meaning. As one member reflected, "When we serve side by side with our mentors, we are reminded that the smallest acts can carry the greatest meaning."

### **Cultural Engagement at** Mutundwe

On August 10th. attended the MDD event Mutundwe Young School. Christian The colorful performances and youthful energy inspired us as we worked on forming an Interact Club. A student captured the spirit of the day: "Rotary gives us a chance to grow while celebrating who we are."



We are very glad to be serving and learning together. We are very proud that we belong. We are rooting for you and can't wait to bring vibes to your Charter.



#### **Rotary Cancer Run 2025**

Another highlight of August was our participation in the 2025 Rotary Cancer Run. Together with Rotarians, Rotaractors, and community members, we ran not just for fitness, but for hope-hope for better treatment, better awareness, and ultimately, a future free from cancer. The unity displayed that day was a powerful reminder of Rotary's impact when we come together for a cause larger than ourselves.





#### **PLD Program Launch**

On August 13th, we launched our Annual Professional and Leadership Development (PLD) Program under the theme Basic Education and Literacy. This initiative will reach children aged 10-18 years during the school holidays, culminating in a December graduation. Later, we joined the Rotary Club of Nalumunye in hosting Assistant Governor Rtn. Bob Nsereko of RC Bwerenga, sharing knowledge, laughter, and fellowship.

### **Closing Reflections**

Looking back at August, what shines most is not the number of events, but the spirit that carried them. Service. Fellowship. Purpose. Together, they wove a story of impact — in the hospital grounds where shrubs were planted, in the smiles of children discovering leadership, in the voices of mentors who reminded us why we serve, and in the footsteps we took during the Cancer Run to fight for a healthier tomorrow.

We owe deep gratitude to our mother club, the Rotary Club of Nalumunye, whose mentorship continues to light our path. To our fellow Rotaractors and friends, thank you for standing with us, dreaming with us, and proving with us that Rotary is truly where ordinary people unite to do extraordinary things.

As we step forward into the months ahead, we carry with us a renewed spirit: stronger communities today, and inspired leaders for tomorrow.





Rtn Sherifah Namatovu. Youth Services Director, RC Nalumunye

# Keep Her In School Project **Kicks Off**

It's a year of action with the District Governor's ask to increase on our reach and grow numbers. The Rotary Club of Nalumunye together with the Rotaract Club of Nalumunye are increasing their reach and growing numbers through the formation of the Interact Club of Mutundwe Young Christian Secondary School Mutundwe.

formational Since activities started, the young people are so excited and for every meeting with them, the interest exhibited is very. As partners, we had a meeting on 12th August 2025 with the members of the Interact Club Information and all the girls in the school with an aim to 'keep the girl child in school'.

The Action President of RC Nalumunye gave a talk to the girls, assuring them that during adolescence the girls' body goes through several changes including the start of menstruation. The President emphasized that it is a period that requires the girl child to ensure good hygiene and need to have what to use during this particular time of the month. Girls need sanitary towels to use as well as observe hygiene by bathing at least twice a day and changing their sanitary towels frequently.

To support the girls in this aspect, the Rotarians and Rotaractors donated to the girls, sanitary kits to use during those times including reusable sanitary towels. The Rotarians and Rotaractors further trained the girls on how to use the kits and particularly how to maintain the hygiene with the reusable sanitary towels, while at school and also at home

It was a great time where even fathers encouraged the girls to embrace the changes and be very confident to stand up for themselves. The girls were encouraged to embrace the new body changes and adapt

accordingly so they can keep in school as they are the future mothers and leaders of tomorrow.

We are convinced that this intervention will go a long way in encouraging the young adolescent girls to stay in school without worry of sanitary challenges. IF WE WANT TO CHANGE OUR FUTURE WE NEED TO START NOW.



# Open Letter To Rotarians

In respect of the entire ROTARY I take the pleasure to salute you all.

I take the courtesy of casting great thanks to our District Governor for the great work she has done in getting us together and the enlightening us about the future of Rotary with great inspiration and motivating the teams at large in loving ROTARY.

I have been fortunate enough to witness the goodness of the organizing committee and can't pen off without thanking them for the way they have proved us perfect for hosting the District Governor. They have really shown some greatness in being together for the betterment of rotary as witnessed in our doings.

Rotary has become an inspiration and we have to keep on pushing our activities in the proposed projects and preaching the goodness of Rotary in love, kindness, togetherness, obedience and respect for one another, for a better tomorrow.

In respect to the way we are doing our home hospitalities in the club, this needs to become a consistently scheduled activity for all the Buddy Groups. This activity strengthens the bond through continued interaction. With a strong bond, we shall stand together as one and no one will be able to defeat us as Rotarians.

On the other hand, I think it is positive to think of scaling the Triage facility being constructed at Kitebi Health Center III, countrywide at the different Health Centers that may be having the same challenge. If we plan smartly and strategically, together nothing is impossible. Not forgetting to preach the goodness of ROTARY in line with Jesus for our projects never differ from what the ALMIGHTY GOD would love to see his people doing. "Even though Jesus was tried in and out in a couple of ways he did not stop doing good wherever he went so should we, for our GOD rewards those that do good not for themselves but for the society at large.

LOVE YOUR NEIGHBOUR AS YOU LOVE YOURSELF

Rtn Robert Behangana **Member Buffaloes Buddy Group** 

# **POEM: Rotary Club of Nalumunye** Empowering Children

#### Chloe and LaVern

My name is Ankunda Chloe, My name is LaVerne Esther, And together, we stand with pride,

To share a story of Rotary Club of Nalumunye.

Rotary, Rotary, Rotary! A name that shines so bright, Rotary Club of Nalumunye. It's where we meet, it's where we cheer. A family of friends we love to share good moments with.

We love to attend the Rotary Family Carnivals. And the Aerobics that keep us healthy always. The Community clean-ups, to make our environment shine, And the Rotary Christmas parties with nice gifts.

We also enjoy attending the Cancer Run, Together, walking side by side with our parents. For in Rotary, we learn to care. And to lift each other, everywhere.

In Rotary, you should be clever

And treat others well.

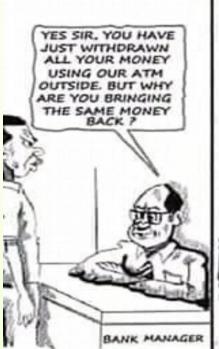
We smile when our parents smile.

Rotary brings blessings to people.

Thank you for giving RotaKids this chance. To sing of hope, to laugh, and to dance.

So may God bless you Rotarians, For helping people, and giving children a chance. Long live Rotary, Long live Governor Christine Let's Unite For Good. Together, One Act at a Time







### 

### A Home Away from Home: The Munyes' Ripple Effect

In the vibrant hues, Rotary's garden blooms in Nalumuye's heart. A place where love and growth entwine, One Act At a Time, they nurture change. The heart's design to spread synergies of love, Within the community, near and far. A bond is struck ... Like a river's flow, their kindness rages.

The Munyes' hearts unite as one, Service, fellowship and love are never done. Rotary Club of Nalumuye, a beacon of light, Guiding their way, through day and night. Rotarians can testify, the new ones can tell the feeling, And the guests already feel the difference between now and before. In the Action Year, their synergy shines.

As a Guest, I felt like a bird set free. The Munyes' spirit, welcoming me with glee, Their love and laughter, Like a gentle stream, made me feel welcome. A warm breeze that touches hearts and minds.

Smiles of every Rotarian, a sunrise so bright, Sends a message this is home, where love takes flight, Like a tree that's rooted, their bond is divine. Between darkness and doubt, they stand still and tall, Like a mountain strong, their presence stands through

A sense of belonging, the Munyes' Ripple Effect! The impact has just begun!



Rebecca Asio Guest





Rtn Maureen Natuhwera K.. Member Buffaloes Buddy Group and, Family of Rotary Officer, RC Nalumunye

**FAMILY OF ROTARY** 

# The Buffaloes Glow At Home Hospitality Hosted By Honorary Member

On 24th August 2025, members of our Rotary Buddy Group, the Buffaloes, had the distinct pleasure of visiting one of our esteemed Honorary Members MD Jane Kabugo for a special home hospitality experience. This memorable evening was marked by heartfelt conversations, and an atmosphere of genuine talk that truly embodied the Rotary spirit of service and friendship.

Our gracious host welcomed us into her home with open arms and a generous heart. The ambiance was vibrant, filled with laughter, storytelling, and reflections on our shared Rotary journey. It was a time to reconnect, share personal experiences, and strengthen the bonds that unite us as Rotarians and as friends.

We were honored to be joined by CP Sam Ngambwaki, a honorary member; our Action President, Rtn. Debbie Komugisha Kakande, whose presence added significance to the occasion. Their

words of encouragement and passion for Rotary reminded us of our shared mission and the power of unity within our groups.

The hospitality extended to us was exceptional and left us with no choice but to glow. We were treated to a delightful spread of food and drinks, thoughtfully prepared and served with warmth. From bites to refreshing beverages, and to top it all off, a sweet surprise of delicious ice cream that left everyone smiling.

This visit was more than just a social gathering; it was a celebration of fellowship. gratitude, and the enduring spirit of Rotary. At this home hospitality, we took turns as members to pledge on our Action Year individual TRF giving targets, in the presence of the Action Year President. This is ideal for our growth and impact as

a club but also as an International organization (Rotary).

On behalf of the Buffaloes, we extend our deepest thanks to our Honorary Member for opening her home and heart to us. Here's to many more such moments of togetherness as we continue to serve above self- together, as one Rotary family.

With gratitude from the Buffaloes

ONE ACT AT A TIME



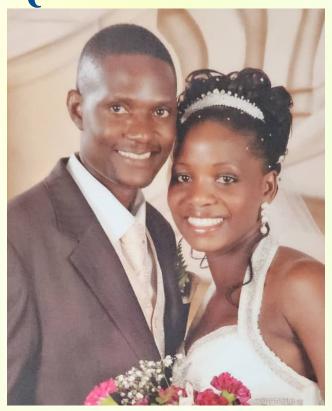
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### **CELEBRATING OUR MEMBERS**

# **Anniversaries**



Rtn Senteza Joseph- 15th Marriage Anniversary- 3rd August



Rtn Ssentongo Isaac- 21 years Marriage Anniversary- 14th August





Rtn Philemon - 13 years of a beautiful journey. May your love continue to be a guiding force of journey

### **CELEBRATING OUR MEMBERS**

# **Birthdays**

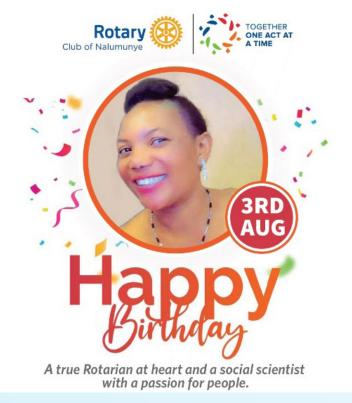




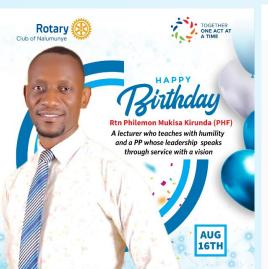


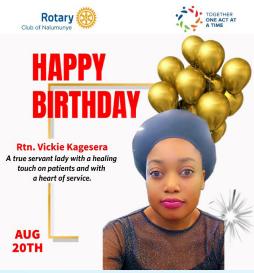


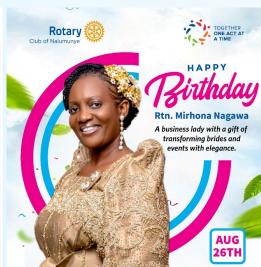
### **BIRTHDAYS**











### **Congratulations**





### **LIFETIME ACHIEVEMENT AWARD**

presented to

### Hon. Lady Justice Bareebe Rosemary Ngabirano

In recognition of your pioneering work in digital transformation and innovative approaches to justice in Uganda.

> Isaac K. Ssemakadde, S.C. President, Uganda Law Society

> > Munyonyo, 15 August 2025







Just feeling proud to be Ugandan

#### Commiseration



Commiserating with Rtn Edward at the loss of his dear mum

### **Ambassadorial Reports**



At Muyenga Forest Hills Charter- 1st August



AP Debbie Recognised as Honorary member RAC Muyenga Tankhill

### **AMBASSADORIAL REPORTS**

### Where the members have been



DG Visit at RC Katende- 3rd August

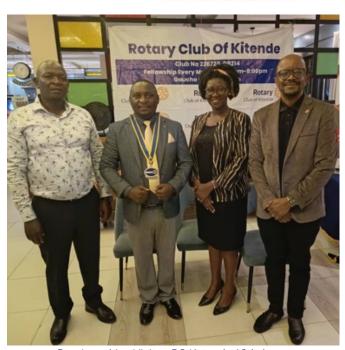


Visit to RC Bwebajja- 7th August





Rotary (%) Proudly Sponsored by: Club of Nalumunye



Rtn Josephine Visit to RC Katende 18th August

### **AMBASSADORIAL REPORTS**







Visit to RC Makindye- 5th August



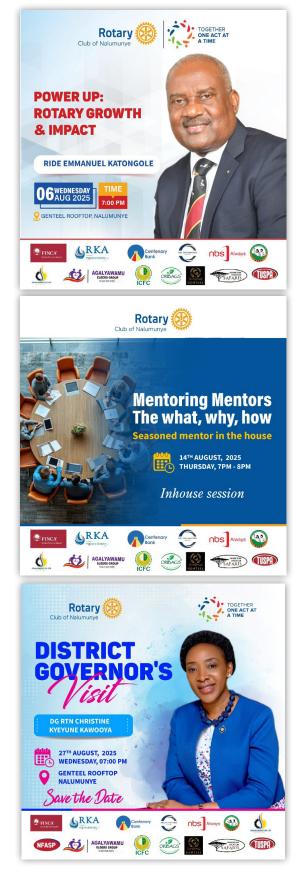
Installation at RC Kitende- 9th August





Visit to RC Bwerenga

### **CLUB ACTIVITIES OF THE MONTH**





# AG's Official Visit 13th August 2025

















































# District Governor's Visit 27th August 2025































# **Other Events**

At the signing of the MOU between Rotary Uganda and Nation Media



### **Rotary Cancer Run**









I joined Rotary to make a difference.
I stayed because I am.

